**Dear comstock park families,**

Thank you for taking some time to read through this letter! I am excited for another great year as a PANTHER! To the new families, my name is Patti Beggs and I am the Athletic Trainer at CP. My role here is to keep the athletes safe during their sporting events, evaluate, refer, treat and manage injuries and medical conditions. This includes communication with athletes, parents, coaches, teachers, school nurse and physicians in supporting the athlete in a management of injuries for the best return to play protocols and treatments. I completed my undergraduate degree at Central Michigan University. After I completed my education, I worked with 2 other local High Schools before finding my home at Comstock Park High School.

**What is a certified Athletic Trainer (ATC)?**

An allied health professional that works in conjunction with physicians, and other allied health professionals to ensure the best medical care is provided. At a minimum ATC’s must graduate from an accredited athletic training program with a bachelor’s degree, along with passing a nation certification exam. Further education to a Master’s Degree, PhD program can lead to careers at college, professional, military and other unique opportunities. Athletic training programs study: Human Anatomy/ Physiology, Biomechanics, Athletic Training techniques, Nutrition, Psychology/Counseling, Emergency Care & many specific evaluation courses to athletic training.

**SHMG & comstock park:**

Comstock Park is a newly partnered school with Spectrum Health Medical Group. I am an outreach employee working at the school full-time covering all home sporting events and practices. I am required to travel with Varsity Football and my goal is to travel with most teams to post-season events (districts, regional, etc).

**Information about the Athletic Training Room:**

A few policies and procedures that I am required to follow for the safety of the athletes are:

1. If your child sustains an injury and sees a physician for any reason (illness, injury, etc) they **MUST** have a written clearance note for them to return to practice/competition. It can be faxed to the school **(616.254-5385)** or brought in with the athlete or parent.
2. If your child sustains a concussion they **MUST** be cleared by a physician to return to practice & competition. This is a MHSAA requirement. \*\*A progressive return to play protocol will be followed to ensure the safety of the athlete\*\*
3. Under the HIPPAA law, I am legally bound to keep personal information about an injury/athlete confidential. I will not expose information about your son/daughter’s injury or condition to those not directly involved (i.e. Parent or Guardian) I will only state that an injury occurred and the “curious” person can speak with the parent or athlete about the injury.
4. The Athletic Training Room is located in the new wing of the school on the East side of the building. Office Hours are listed below:

**Practice night- 2:00 pm – 8 pm\***

**Home event night- 2:00 pm to end of event**

\* I am available by cell phone for questions or concerns and to schedule appointments during or after hours

**An injured athlete that is in need of further medical care/treatment:**

A great resource for Comstock Park families is the vast number of physicians with Spectrum Health Medical Group & other health care professionals accessible to you. If an athlete is injured and needing further medical care our team physician, Dr. Olusanjo Adeoye is available with expedited appointments. Dr. Adeoye will be seen on the sideline of a few home football games. He also has obligations with Godwin Heights, Kent City and Godfrey Lee High School athletes and families.

*Olusanjo Adeoye, MD, is an orthopaedic surgeon who specializes in sports medicine and arthroscopic surgery. Dr. Adeoye (ah-day-oh-yay) graduated from the University of California, San Francisco (UCSF) School of Medicine. Following his orthopaedic surgery residency training at Yale, Dr. Adeoye completed two years of fellowship in sports medicine and arthroscopy at Stanford University, where he served as assistant team physician for the Stanford Football and Athletic Program as well as the NFL’s San Francisco 49ers. He completed a second fellowship in hip arthroscopy and preservation at Hospital for Special Surgery in New York with Dr. Bryan Kelly. Additionally, Dr. Adeoye holds a Masters of Business Administration from The Wharton School, University of Pennsylvania. His clinical and research intersts include sports hip injuries, femoracetabular impingement (FAI), hip labral tears as well as knee and shoulder injuries.*

Appointments with Dr. Adeoye can be made through a couple avenues:

1. **Injury Hotline Number 616.267.7767**. This is a direct line to our staff ATC’s that can assist you in scheduling an appointment. Information that is required to complete the appointment is: Name of Patient, Date of Birth, Address, Phone Number, Injury & side of body
2. **Scheduling through Athletic Trainer**: I can facilitate an appointment on behalf of the athlete and parents. The same information is needed.

Please do not hesitate to contact me with any questions. I will strive to answer any and all questions or assist you with finding an answer.

**patti beggs AT, ATC**

Spectrum Health Medical Group

Certified/Licensed Athletic Trainer

Comstock Park High School

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